

Belledune Messenger

VOLUME 7 Issue 5
MAY - 2019

HAPPY MOTHER'S DAY – MAY 12/2019



WISHING EVERYONE A WONDERFUL SUMMER

ENJOY THE FIRST LONG WEEK-END OF SUMMER - VICTORIA DAY

CELEBRATED ON MAY 20/2019 IN HONOR OF QUEEN VICTORIA

Village of Belledune Contact Information

Municipal Office:

P.O. Box 1006, 2471 Main St.

Belledune E8G 2X9

Phone: 522-3700

Fax: 522-3704

Website: www.belledune.com

Council:

- Joe Noel: 237-2333 (Mayor)
jnoel@belledune.com
- Paul Arseneault: 237-2025
parseneault@belledune.com
- Lilliane Carmichael: 237-5465
lcarmichael@belledune.com
- Tracy Culligan: 522-5358
tculligan@belledune.com
- Nick Duivenvoorden: 237-2087
nduivenvoorden@belledune.com
- Sandenn Killoran: (780)231-6998
skilloran@belledune.com

Staff:

- Landon Lee (CAO) 522-3703
llee@belledune.com
- Brenda Cormier
(Clerk/Treasurer): 522-3707
bell001@nb.aibn.com
- Nicole Carrier (Administrative Assistant): 522-3710
bell002@nb.aibn.com
- Darrell Culligan (Recreation and Wellness Coordinator):
520-9322, 522-3714
dculligan@belledune.com

Other:

- Belledune Library
522-3701
 - *Veteran's Memorial Arena:
522-2183
 - Belledune Rec. & Cultural Centre:
522-3709
- Information on rental of the Centre
Contact Darrell – 520-9322, 522-3714
- *Restigouche SPCA 684-4396
Emergency 686-0195

**Belledune Council - Regular Meeting
(DUE TO HOLIDAY MONDAY MAY 20/2019)
TUESDAY MAY 21 /2019 @ 7:00 pm**

Belledune Municipal Chambers, 2471 Main Street

- **Please note that if you receive a flyer in the mail, a request for tender or quote, etc. and it is not on Village of Belledune letterhead or have our logo on it and/or it is not endorsed by the CAO, Mr. Landon Lee or by Mayor Joe Noel that means it did not come from the Village office.**
- **If you are sending correspondence to the Village of Belledune please make sure you include your name, a return address and telephone number so we can contact you.**

SUMMER STUDENTS

To all students, please make sure to apply for student employment by sending in/dropping off your student application or resume by May 24/19. You can email your resume to bell002@nb.aibn.com. A letter of acceptance is also required if you are going to university or college.

Liquor Licences for Rental of the Belledune Recreation & Cultural Centre

Please Note anyone renting the Belledune Recreation & Cultural Centre for a wedding, anniversary, party, fundraiser, or any other function where liquor will be sold or given out **MUST** have their own liquor license.

PUB NIGHT

Pub Night with the Plums, May 4th, from 9:00pm to 1:00am at the Belledune Recreation & Cultural Centre. Please plan to join us for great music, food, and good cheer.

VETERINARIAN SERVICES

Dr. Themens will be at the Veterans Memorial Arena on Monday May 6, 2019
10:00 AM to 12:00 Noon.

RESOURCE CENTRE- SURVEY

To the Residents of Belledune, I am reaching out to you to get feedback on the interest for a Resource Centre at the Belledune Library. This Centre would include access to internet service for "Google That", Job searching, print/copy documents etc., and pertinent information of what is happening in your community!

Please let me know Via : EMAIL dculligan@belledune.com or Phone: 506-520-9322

Check/Indicate a box below and drop off at office or take picture of this with preference check off and send via email or text-

- **Yes, Interested**
- **No, Not Interested**
- **Not sure**

COMMENTS:

Thank You and Looking forward to your Response
 Darrell Culligan- Recreation and Wellness
 Village of Belledune

VILLAGE OF BELLEDUNE -MAY AND JUNE YOUTH SOCEER CAMPS

NEED VOLUNTEERS!! Contact Darrell Culligan @520-9322

Boys and Girls under 18 are Welcome- Reminder to Parents, ensure your child has sunscreen on and plenty of fluids with them to drink. If they have rubber sole soccer shoes/cleats and shin pads make sure they bring them and if not a pair of runners! Parents or Guardian are to sign an Informed Consent (one time only for season) form prior to their Childs participation. Thank You! Under 5 must have parent or guardian present!!

BELLEDUNE MUNICIPAL GYMNASIUM

- Week of April 29 – May 24, 2019

Time:	Monday	Tuesday	Wednesday	Thursday	Friday
08:00am-12:00pm	Open gym	Open gym	Open gym	Open gym	Open gym
10:00am-12:00pm	Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball
12:00pm-1:00pm	Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball
1:00pm-4:00pm	Open gym	Open gym	Open gym	Open gym	Open gym
4:00pm-8:00am	Closed	Closed	Closed	Closed	Closed
⇒ No Evening Activities					

- Week of May 27 – May 31, 2019

Time:	Monday May 27	Tuesday May 28	Wednesday May 29	Thursday May 30	Friday May 31
08:00am-10:00am	Closed for Holiday	Open gym	Open gym	Open gym	Open gym
10:00am-12:00pm		Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball
12:00pm-1:00pm		Pickle Ball	Pickle Ball	Pickle Ball	Pickle Ball
1:00pm-4:00pm		Open gym	Open gym	Open gym	Open gym
4:00pm-8:00am	Closed	Closed	Closed	Closed	Closed

“JUNE 1ST JOIN THE FUN WITH PARKS AND TRAILS NB CELEBRATED HERE”

Parks - & - Trails - Day NB



As a community we will be celebrating at the Jacquet River (Gorge) Trail which is now a registered trail with Green Trails NB (www.sentiernbtrail.com)! Please come out and enjoy the beautiful scenery (Trail & Lookout), bird watching (Lookout) and taking a walk on the 1.5 km trail. Guided group tours through the trail with some local history of the area. The Trail Blazers Snowmobile Club will have their canteen available at the Lookout for some snacks and drinks! DATE: June 01, 2019 (No Rain Date) Time: 10:am-2PM (Trail is open anytime, Walking, Hiking, Snowshoeing and none motorized transportation) Follow the Signs via Archibald Road!



Seven Dimensions of Wellness (Look for all Seven in upcoming messengers!)

Wellness is the pursuit of continued growth and balance in the seven dimensions of wellness. Many people think about "wellness" in terms of physical health only. The word invokes thoughts of nutrition, exercise, weight management, blood pressure, etc. Wellness, however, is much more than physical health. Wellness is a full integration of physical, mental and spiritual well-being. It is a complex interaction that leads to quality of life.

Wellness is commonly viewed as having seven dimensions. Each dimension contributes to our own sense of wellness or quality of life, and each affects and overlaps the others. At times one may be more prominent than others, but neglect of any one dimension for any length of time has adverse effects on overall health.

The Seven Dimensions of Wellness

- [Physical](#)
- [Emotional](#)
- [Intellectual](#)
- [Social](#)
- [Spiritual](#)
- [Environmental](#)
- [Occupational](#)

Physical Dimension: Physical wellness encompasses a variety of healthy behaviors including adequate exercise, proper nutrition and abstaining from harmful habits such as drug use and alcohol abuse. It means learning about and identifying symptoms of disease, getting regular medical checkups, and protecting yourself from injuries and harm. Developing such healthy habits today will not only add years to your life but will enhance the enjoyment and quality of those years.

Tips for optimal physical wellness:

- Exercise daily
- Get adequate rest
- Use seat belts, helmets, and other protective equipment
- Learn to recognize early signs of illness
- Eat a variety of healthy foods
- Control your meal portions
- Stop smoking and protect yourself against second-hand smoke
- Use alcohol in moderation, if at all

Attention Citizens of the Village of Belledune

Starting immediately the Municipal Hall Gymnasium can now be rented for Birthday parties and Family Functions.

-The cost is \$57.50 (tax Included) for 4hours.

-You must fill out rental agreement and pay prior to function (The Village Office).

-A swipe card will be given to the renter (\$10.00 deposit required) for the time they reserved and it is their responsibility to have it returned back to village office ASAP.

-Rules for rental will be attached to agreement so please take the time to read!

-Gymnasium Rules are posted outside Gymnasium door so please adhere to all the rules to make it a safe and fun experience!

Contact: Darrell Culligan @ 520-9322 or 522-3714 or email dculligan@belledune.com for information and bookings. Thank You and it will be a great option for families to enjoy the facility!!



Bringing communities together

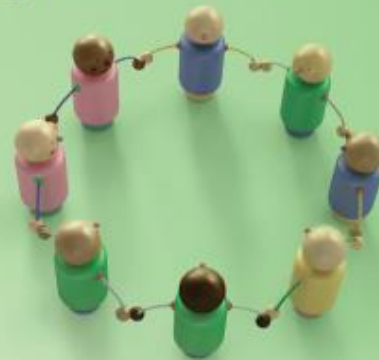
with physical activity.



Join the challenge

by downloading the new ParticipACTION app.

- ✓ Track your activity.
- ✓ Win awesome prizes.
- ✓ Support your community.



Let's get active together!

Event:

*Run..Jump..Play
Everyone..Everyday
For all ages!!!*

Date:

JUNE 8th, 2019

Time:

11:00am-3:00pm

Location:

*Belledune
Municipal
Gymnasium and
Grounds!*

ParticipACTION.com

Everything gets better when you get active.

Financed by the
Government
of Canada

Canada

Belledune will be hosting this Challenge on June 8th from 11am to 3 pm in the New Municipal Gymnasium and on Grounds. Goal is to Get our Community involved in Participation. Challenge your Family, Friends, Groups, Teams to attend all ages are Welcome. Hope to see you JUNE 8th

BELLEDUNE DAYS MONTHLY MEETING

Belledune Days monthly meeting will be Monday May 6th at the Belledune Recreation Centre at 6:30.

- **Belledune Days is looking at holding an ATV/UTV -Rally on Saturday July 27th Save the Date and watch for details in June Messenger.**
- **We have received a few nominations for Senior and Citizen of the Year. There is still time to nominate someone you feel is worthy of this Special Recognition. We ask all nominations to be sent in by end of July but appreciate the sooner the better.**
- **Lots of family fun events throughout the Belledune-Days week such as Super-Hero Costume-Party, Family Movie Night, return of Laser Tag on Sunday July 28th. Beer Gardens under Big Tent on Saturday Aug 3rd. We hope you are marking your calendar and plan to attend Belledune Days 2019.**

JACQUET RIVER NATURE GROUP

The next meeting of the JRNG will be on Monday, 27th May at 7p.m. at the Legion. Will be discussing the upcoming Festival of Nature which is being held in St Andrews this year. Also, outings for the summer months will be on the agenda. Hope to see you there. For more information please email: doylec40@yahoo.ca

SAINT GABRIEL'S PARISH SUNDAY BRUNCH

SAINT GABRIEL'S PARISH will host a Sunday Brunch on June 2nd following our 11 am Mass directly across from the church at the Parish Hall. Doors will be open for Noon. Cost \$10.00 Adults \$5.00 Children. All funds raised will be for Parish of St Gabriel. Thank You for joining us to enjoy great food and fellowship with family and friends.

DUSTY SNEAKERS

Dusty Sneakers held at Jacquet River School Gymnasium on Tuesday morning- 9:30 to 10:30 and Thursday- 11:35 to 12:25. Please use front door and sign in at reception entrance. Don't forget your water bottle and sneakers. This exercise is low impact at your own pace and a great way to feel better.

ROYAL CANADIAN LEGION BRANCH #77

-The Royal Canadian Legion Durham Branch #77 meetings are on the 3rd Tuesday of each month. Card game of Auction on Fridays at 7:00pm at the Legion Branch #77. Darts - Sundays at 7:00pm.

ALL NEWCOMERS ARE WELCOME.

-The Royal Canadian Legion Durham Branch #77 would also like to remind everyone that our Legion Hall is available for rent for all your special occasions like Weddings, Graduations, Showers, Family-Reunions etc. Please contact Robert Dempsey @237-5209.

-The Royal Canadian Legion Durham Branch #77 is doing a "CHASE THE ACE" every Thursday night from 6:00pm to 8:30 pm. Jackpot is at \$500 and ticket are \$5 each, 3 for \$10 and 7 for \$20.

LADIES AUXILIARY DURHAM BRANCH #77

Monthly meetings every 2nd Tuesday of the month at the Royal Canadian Legion. New members are always welcome.

SPRING FLING 2019 at the Royal Canadian Legion Durham Branch #77 Belledune.

Our Spring Fling is still underway with the following events happening in the Month of May:

Wednesday May 1st

Regular Wednesday
Night BINGO

Thursday May 2nd

Crib Tournament *bring
your own partner* Time
7pm Cost \$5.00/person
FOR PRIZES

Friday May 3rd

Auction 45
Time:7 pm
FOR PRIZES

Saturday May 4th

Memorial Supper Menu: Turkey
all the trimmings cost \$13/per
ticket. Candles \$5 each. Contact
Norma Doucet @ 237-2423
(last day tickets/candles April 29th)

TOPS CHAPTER 5236 BELLEDUNE

Meetings every Tuesday at Jacquet River Legion (downstairs)
Weigh In at 5:00-6:00pm and Meeting at 6:00-6:30pm "EVERYONE- WELCOME"

SPRING CLEANING WITH MEANING - CLOTHING DRIVE

JACQUET RIVER SCHOOL IS WORKING WITH THE NEW BRUNSWICK ASSOCIATION FOR COMMUNITY LIVING TO HELP BRING AWARENESS OF THE SUPPORT PROVIDED BY THIS AGENCY FOR PEOPLE WITH INTELLECTUAL DISABILITIES IN OUR REGION.

HOW DOES IT WORK? JACQUET RIVER SCHOOL WILL COLLECT GARBAGE BAGS OF USED CLOTHING AND OTHER GOODS AS LISTED BELOW. NBACL WILL PROVIDE A MONETARY CONTRIBUTION FOR EACH BAG COLLECTED.

ITEMS WE NEED: *CLOTHING * LINENS * BLANKETS * SHOES *BOOTS *CURTAINS *COATS. THESE ITEMS CAN BE DROPPED OFF AT JACQUET RIVER SCHOOL, LOCATED AT 3970 MAIN STREET, BELLEDUNE, NB FROM MARCH 11TH TO MAY 17TH BETWEEN 9:00AM – 3:00PM (MONDAY TO FRIDAY).

FOR MORE INFORMATION CONTACT : CINDY COURIER AT 684-7556

THANK YOU FOR YOUR SUPPORT



LOST AND FOUND

The following items have been found at the Belledune Recreation Center. If these items belong to you please contact Jeannie at 987-1488. Items are in Lost/Found box located in entrance of Belledune Recreation Centre.

- 1) Orange scarf found after October 21^{st/2018} – Seniors Supper event.
- 2) Girls pink gloves/black heart shapes, Bag with New Hat & Mitts and Boys cap black/yellow design with one black glove (skeleton design on front) found after December 8^{th/2018} - Christmas in the Park event.
- 3) Ladies Gloves found on Feb 21^{st/2019} after the Maritime Iron meeting for residents of Chaleur Drive and Hodgins Road.
- 4) Women's Red leather gloves and a Gold chain with pendant found on Sunday after the April 14^{th/2019} Seniors Supper/Dance.
- 5) Ladies Lipstick and kids toys found after Fundraiser-April 20th/hosted by for Jerry Guitard.

BELLEDUNE LIBRARY HOURS

TUESDAY-10:00AM TO 3:30 PM AND WEDNESDAY - 4:00PM TO 8:00PM

Birthdays/Memorials/Milestones/Celebrations

Congratulation – “ Layla” you are the lucky winner of a Birthday Cake compliments of Cloverfarm Store in Belledune. Thank You JONATHON MACINTOSH for contributing the Beautiful Birthday Cake.

Happy Birthday Karla Culligan who celebrates her Birthday on May 4th Happy Birthday Karla from your friends.

Happy Birthday to a Special 5 year old Layla Jane Fournier-Hickey who celebrates her birthday on May 13th lots of love from Grammie and Papa Hickey, Mama, Daddy, Memere, Pepere Fournier.

Happy Birthday Carolyn Labelle who celebrates on May 27th love Patricia, Jeannette, Viola and Ronnie.

Happy Birthday Elaine Stoughton who celebrates on May 30th from your friends.

We are moving!

The Chaleur Regional Service Commission wishes to inform the public that the Corporate Office and the Planning Department will temporarily be relocated at the Village of Petit-Rocher Municipal Building as of May 6, 2019, for the duration of the renovation of its current offices at the Madisco Complex Building. The renovation is expected to take place until the first quarter of 2020. For more information, please contact the Chaleur RSC at (506) 542-2688.



Academic Studies

3981 Main Street Belledune, NB, E8G 2K6

(506) 237-3216

Are you interested in furthering your education?

Do you need credits for college or university?

Upgrade your skills or obtain an Adult High School Diploma with us!

We offer the following courses:

- Mathematics 10, 11, and 12
- Pre-Calculus 11 and 12
- Biology 113 and Biology 122
- Chemistry 112 and Chemistry 122
- Physics 112 and Physics 122
- English 10, 11, 12 (Level 2 & 3)
- Introduction to Accounting 12
- Canadian History 12
- Canadian Geography 12
- Law
- Introduction to Computer Applications
- French 10

With the potential of new industry and jobs coming to our community, it's time to get the training you need!

Please contact the Belledune Site between 9:00am – 3:30pm, Monday to Friday, and ask for Tracy Culligan or Claude Hickey

**Funding may be available through the Department of Post-Secondary Education, Training & Labour

For Newsletter submissions, comments or suggestions: Please call the Belledune Library 522-3701. Leave a message and your phone number. Or email: belledunelibrary@nb.aibn.com. The Belledune Messenger will be published at the beginning of every month; please have submissions in by the 25th of each month. Due to limited space, some information will be edited for length.