

BELLE DUNE MUNICIPAL GYMNASIUM

- Week of Feb 4 – Feb 8, 2019 ***Parents and participants remember to sign-off Informed Consent form***

| Time: | Monday Feb 4 | Tuesday Feb 5 | Wednesday Feb 6 | Thursday Feb 7 | Friday Feb 8 |
|-----------------|--|--|--------------------|---|---------------------|
| 08:00am-10:00am | Closed | Closed | Closed | Closed | Closed |
| 10:00am-12:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 12:00pm-1:00pm | Closed | Closed | Closed | Closed | Closed |
| 1:00pm-3:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| | | | | | |
| 3:00pm-4:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 4:00pm-6:00pm | Closed | Closed | Closed | Closed | |
| 6:00pm-7:00pm | Indoor Youth Soccer & Biggest Loser Weigh-in | Yoga – Gentle with Sunny Bosca | Pickle Ball | | Parent/Kid Activity |
| 6:30pm-7:15pm | | | | Fitness/Bootcamp – low impact with Andre Lanteigne | |
| 7:00pm-8:00pm | Badminton or Pickle Ball | Yoga – Core & Balance with Sunny Bosca | Badminton | | Floor Hockey |
| 7:30pm-8:15pm | | | | Fitness/Bootcamp – high Impact with Andre Lanteigne | |

Please remember to put away all equipment and clean up any garbage

BELLE DUNE MUNICIPAL GYMNASIUM

- Week of Feb 11– Feb 15, 2019 ***Parents and participants remember to sign-off Informed Consent form***

| Time: | Monday Feb 11 | Tuesday Feb 12 | Wednesday Feb 13 | Thursday Feb 14 | Friday Feb 15 |
|-----------------|--|--|--------------------------|---|------------------|
| 08:00am-10:00am | Closed | Closed | Closed | Closed | Closed |
| 10:00am-12:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 12:00pm-1:00pm | Closed | Closed | Closed | Closed | Closed |
| 1:00pm-3:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| | | | | | |
| 3:00pm-4:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 4:00pm-6:00pm | Closed | Closed | Closed | Closed | |
| 6:00pm-7:00pm | Indoor Youth Soccer & Biggest Loser Weigh-in | Yoga – Gentle with Sunny Bosca | Parent/Kid Activities | | Pickle Ball |
| 6:30pm-7:15pm | | | | Fitness/Bootcamp – low impact with Andre Lanteigne | |
| 7:00pm-8:00pm | Pickle Ball | Yoga – Core & Balance with Sunny Bosca | Badminton | | Floor Hockey |
| 7:30pm-8:15pm | | | | Fitness/Bootcamp – high Impact with Andre Lanteigne | |
| | | | | | |

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BELLE DUNE MUNICIPAL GYMNASIUM

- Week of Feb 18 – Feb 22, 2019 ***Parents and participants remember to sign-off Informed Consent form***

| Time: | Monday Feb 18 | Tuesday Feb 19 | Wednesday Feb 20 | Thursday Feb 21 | Friday Feb 22 |
|-----------------|--|--|--------------------------|---|------------------|
| 08:00am-10:00am | Closed | Closed | Closed | Closed | Closed |
| 10:00am-12:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 12:00pm-1:00pm | Closed | Closed | Closed | Closed | Closed |
| 1:00pm-3:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 3:00pm-4:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 4:00pm-6:00pm | Closed | Closed | Closed | Closed | |
| 6:00pm-7:00pm | Indoor Youth Soccer & Biggest Loser Weigh-in | Yoga – Gentle with Sunny Bosca | Parent/Kid Activities | | Pickle Ball |
| 6:30pm-7:15pm | | | | Fitness/Bootcamp – low impact with Andre Lanteigne | |
| 7:00pm-8:00pm | Pickle Ball | Yoga – Core & Balance with Sunny Bosca | Badminton | | Floor Hockey |
| 7:30pm-8:15pm | | | | Fitness/Bootcamp – high Impact with Andre Lanteigne | |

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BELLE DUNE MUNICIPAL GYMNASIUM

- Week of Feb 25 – Mar 1, 2019 ***Parents and participants remember to sign-off Informed Consent form***

| Time: | Monday Feb 25 | Tuesday Feb 26 | Wednesday Feb 27 | Thursday Feb 28 | Friday Mar 1 |
|-----------------|--|--|--------------------------|---|-----------------|
| 08:00am-10:00am | Closed | Closed | Closed | Closed | Closed |
| 10:00am-12:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 12:00pm-1:00pm | Closed | Closed | Closed | Closed | Closed |
| 1:00pm-3:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 3:00pm-4:00pm | Open gym | Open gym | Open gym | Open gym | Open gym |
| 4:00pm-6:00pm | Closed | Closed | Closed | Closed | |
| 6:00pm-7:00pm | Indoor Youth Soccer & Biggest Loser Weigh-in | Yoga – Gentle with Sunny Bosca | Parent/Kid Activities | | Pickle Ball |
| 6:30pm-7:15pm | | | | Fitness/Bootcamp – low impact with Andre Lanteigne | |
| 7:00pm-8:00pm | Pickle Ball | Yoga – Core & Balance with Sunny Bosca | Badminton | | Floor Hockey |
| 7:30pm-8:15pm | | | | Fitness/Bootcamp – high Impact with Andre Lanteigne | |

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